



## Topical Treatment for Precancerous Skin Lesions

Your provider has recommended topical treatment of your precancerous sun induced lesions (actinic keratosis) or superficial skin cancer. Please follow the instructions provided below:

5 fluorouracil (Efudex, Carac, Fluoroplex)  Imiquimod (Zyclara, Aldara)

Picato

Solaraze

Other

The designated treatment area for your skin is:

Face

Arms

Scalp

Chest

Legs

Back

Individual lesions as listed here: \_\_\_\_\_

Apply a thin coat of medicine to the designated treatment area(s) as directed for the specified length of time:

Once daily

\_\_\_\_\_ days

Twice daily

\_\_\_\_\_ weeks

Three times a week

\_\_\_\_\_ months

Five times a week

Your provider may wish to use a second prescription product during or after your treatment to aid in the healing process.

\_\_\_\_\_ : Apply \_\_\_x/day \_\_\_\_\_ treatment for \_\_\_weeks.

The use of this medicine frequently results in a mild to severe stinging or burning sensation. After five to ten days of treatment, the sun-damaged parts of treated skin become red and irritated. As treatment is continued, sores and crusting may appear. These raw areas result from the destruction of defective skin cells and are a necessary part of treatment. They can be covered with a dressing if you prefer. Treated skin should normally be very carefully protected from the sun. Many are able to use make-up over the cream, but it can sometimes sting.

When treatment is stopped the skin heals rapidly. It takes two to four weeks for healthy new skin to replace the sun-damaged skin destroyed by the cream. After healing, the treated areas are often more red than normal and may feel more sensitive; this redness and sensitivity will gradually fade over time. Occasionally it persists for several months but normal make-up can be used to cover it if desired.